



31 March 2022

Dear Parents and Carers,

As you may be aware there will be changes to COVID-19 guidance from tomorrow – 1 April 2022, under the Governments plan for living with COVID.

The main changes are:

- free testing for COVID-19 will end for most people. Free COVID-19 tests will continue to be available for specific groups, including eligible patients and NHS staff.
- adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature
- children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend
- adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days

Please be assured as a school community we will continue to be vigilant regarding COVID-19 and the below steps will still be in place:

- Enhanced Cleaning
- Ventilation – Windows and doors will be open at all times where possible to ensure that all areas of the school are well-ventilated
- Hand hygiene – Students will be prompted to maintain good hand hygiene at all times

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Please continue to report any student absences either by phone – 0115 932 2896 or by email [studentabsence@sjh.srscmat.co.uk](mailto:studentabsence@sjh.srscmat.co.uk)



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Yours sincerely

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