

Secondary September 2023 – April 2024 Main Menu

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1 18.09.23 09.10.23 06.11.23 27.11.23 18.12.23 22.01.24 12.02.24 11.03.24	Organic beef meatballs or vegan meatballs Ve Served with pasta, Mediterranean sauce, garlic dough balls and seasonal vegetables. Iced or cream filled buns Chocolate orange cookie Strawberry muffin Jam & coconut sponge	Chicken enchiladas or Quorn enchiladas V Served with potato wedges, homemade coleslaw and crispy salad Iced or cream filled buns Raisin oat cookie Chocolate crunch Cornflake tart	Roast gammon & stuffing or Crumb topped vegetable bake V Served with creamed potatoes, seasonal vegetables and gravy Iced or cream filled buns Shortbread slice Lemon muffin <i>Summer fruit crumble</i>	Chicken tikka masala or Tomato and chickpea curry Ve Served with rice, seasonal vegetables and naan Iced or cream filled buns Cookie Banana flapjack Berry sponge	Battered fish or Quorn dippers Ve served with chips, peas and baked beans Iced or cream filled buns Cornflake cookie Chocolate cracknel <i>Rhubarb cobbler</i>
2 04.09.23 25.09.23 16.10.23 13.11.23 04.12.23 08.01.24 29.01.24 26.02.24 18.03.24	Big breakfast or Vegan breakfast Ve served with hash browns, baked tomatoes and baked beans Iced or cream filled buns Apricot oat cookie Chocolate brownie Sticky apple sponge	Spaghetti bolognaise (beef or vegan Ve) Served with homemade garlic bread and fresh salad. Iced or cream filled buns Lemon shortbread slice Chocolate cracknel <i>Fruity yoghurt crunch</i>	Roast beef with Yorkshire pudding and gravy or Baked egg, spinach and cheddar tart V Served with creamed potatoes, seasonal vegetables Iced or cream filled buns Cherry & coconut cookie Berry muffin Syrup sponge	Chicken Korma or Cauliflower and green bean Korma V Served with rice, seasonal vegetables and naan Iced or cream filled buns Cookie Cornflake bar <i>Chocolate pear cake</i>	Battered fish or Macaroni cheese V served with chips, peas and baked beans Iced or cream filled buns Chocolate cookie Flapjack Lemon sponge
3 11.09.23 02.10.23 23.10.23 20.11.23 11.12.23 15.01.24 05.02.24 04.03.24 25.03.24	Organic beef burger or Vegetable burger Ve Served in a bun with mini herb potatoes, baked beans and coleslaw Iced or cream filled buns Cookie Carrot cake muffin <i>Apple & cinnamon crumble</i>	Chilli beef tacos or Vegetarian tacos Ve Served with spicy rice and zingy slaw. Iced or cream filled buns Chocolate orange cookie Apple flapjack Strawberry sponge	Roast turkey with stuffing or Vegan cottage pie Ve Served with creamed potatoes, seasonal vegetables and gravy Iced or cream filled buns Raisin oat cookie Chocolate cracknel Berry shortbread sandwich	Katsu chicken or Katsu Quorn Ve Served with rice, seasonal vegetables and naan Iced or cream filled buns Shortbread slice Banana muffin <i>Sticky chocolate sponge</i>	Battered fish or Vegan sausage roll Ve Served with chips, peas and baked beans Iced or cream filled buns Cherry cookie Chocolate brownie <i>Peaches with ice cream</i>

Secondary September 2023 – April 2024 Grab & Go Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Meatball sub	Roasted Veg Burrito ✓	Roast of the day filled cob	Quesadilla	Fish finger sandwich
Filled paninis: Cheese ✓ Cheese & ham Tuna melt	Filled paninis: Cheese ✓ Cheese & ham Tuna melt	Filled paninis: Cheese ✓ Cheese & ham Tuna melt	Filled paninis: Cheese ✓ Cheese & ham Tuna melt	Filled paninis: Cheese ✓ Tuna melt
Tikka chicken wrap or panini or served as a rice bowl	Sweet chilli chicken wrap or panini or served as a rice bowl	Piri piri chicken wrap or panini or served as a rice bowl	Teriyaki chicken wrap or panini or served as a rice bowl	BBQ Quorn wrap or panini or served as a rice bowl
Marinara pasta bowl Ve	Americana pasta bowl Ve	Creamy tomato and spinach pasta bowl Ve	Pomodoro pasta bowl Ve	Macaroni cheese bowl ✓
Pizza slice ✓	Pizza slice ✓	Pizza slice ✓	Pizza slice ✓	Pizza slice ✓
Jacket potatoes with a selection of fillings	Jacket potatoes with a selection of fillings	Jacket potatoes with a selection of fillings	Jacket potatoes with a selection of fillings	Jacket potatoes with a selection of fillings

Vegan versions available on request

Secondary September 2023 – April 2024 Breaktime Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Buttered toast Ve	Buttered toast Ve	Buttered toast Ve	Buttered toast Ve	Buttered toast Ve
Bacon cob (also offer added egg version)	Sausage cob (also offer added egg version)	Bacon cob (also offer added egg version)	Bacon cob (also offer added egg version)	Egg cob
Fresh fruit pots Ve	Fresh fruit pots Ve	Fresh fruit pots Ve	Fresh fruit pots Ve	Fresh fruit pots Ve
Fruit yoghurt V	Fruit yoghurt V	Fruit yoghurt V	Fruit yoghurt V	Fruit yoghurt V
Buttered bagel Ve	Buttered crumpet Ve	Buttered teacake Ve	Buttered bagel Ve	Croissant V
Belgian waffle V	Belgian waffle V	Belgian waffle V	Belgian waffle V	Belgian waffle V
Brunch muffin V (Quorn sausage pattie & poached egg in a muffin)	Bacon with cream cheese bagel	Cheese & bean toastie or wrap V	Brunch muffin V (Quorn sausage pattie & poached egg in a muffin)	Curry folded naan V

Vegan versions available on request