

Year 8 Curriculum Intent – Long Term Plan

| Timing | Advent 1 | Advent 2, Lent 1, Lent 2 | Pentecost 1 | Pentecost 2 |
|-------------------------|---|--|--|---|
| Topic Focus | Invasion games | Athletics activities, gymnastics, dance, fitness, net games, Invasion games | Athletics | Striking & fielding Net games |
| Key Knowledge | <p>More developed skills in netball, football and rugby</p> <ul style="list-style-type: none"> • Passing & receiving • Attacking and defending • Knowledge of rules & tactics • Movement on & off the ball • Understanding of the game | <p>Cross country, sportshall athletics</p> <p>More advanced & challenging courses</p> <ul style="list-style-type: none"> • Pace setting • Running terrain • Measurement of ability in a range of running, jumping & throwing activities <p>Gym & dance – to develop more complex skills & routines</p> <ul style="list-style-type: none"> • Developing technique & performance in range of skills & styles • Development of routines • Develop peer observation skills <p>Fitness</p> <ul style="list-style-type: none"> • Understanding of components of fitness • Understanding of changes that occur to the body • Understanding of muscle groups within the body <p>Badminton</p> <ul style="list-style-type: none"> • Learn a range of skills to outwit an opponent <p>Basketball & hockey to develop more advanced skills of :</p> <ul style="list-style-type: none"> • Passing & receiving • Attacking and defending • Knowledge of rules & tactics • Movement on & off the ball • Understanding of the game | <p>To increase knowledge & understanding of Athletics skills in a range of</p> <ul style="list-style-type: none"> • Running events • Throwing events • Jumping events • Knowledge of rules • Learn the role of the official | <p>To learn more advanced skills in Rounders / cricket</p> <ul style="list-style-type: none"> • Throwing skills • Striking skills • Fielding skills • Knowledge of rules & tactics • Understanding of the game <p>Tennis</p> <ul style="list-style-type: none"> • Learn a range of skills to outwit an opponent |
| Cultural Capital | <ul style="list-style-type: none"> • Teamwork • Health & well-being • Learning & taking on other roles • Respect – others <p>Rules Officials</p> | <ul style="list-style-type: none"> • Develop confidence & interest to get involved in sport & exercise • Teamwork • Health & well-being • Respect • Resilience | <ul style="list-style-type: none"> • Health & well-being • Learning & taking on other roles • Respect – others <p>Rules Officials</p> | <ul style="list-style-type: none"> • Develop confidence & interest to get involved in sport & exercise • Teamwork • Health & well-being |

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|---|--|--|--|--|
| | | | | <ul style="list-style-type: none"> • Respect • Resilience |
| Local Context | Signposting to local club links Link to ESSA competition structure Creating opportunities for lifelong participation | Signposting to local club links Link to ESSA competition structure Creating opportunities for lifelong participation | Signposting to local club links Link to ESSA competition structure Creating opportunities for lifelong participation | Signposting to local club links Link to ESSA competition structure Creating opportunities for lifelong participation |
| Interrelated domains – Links with other subjects | Learning for life | Learning for Life Science Geography | Maths | Maths |