

Key Stage 4 – Sports Studies

OCR Cambridge National Sport Studies Level 1 and Level 2 is a vocational course. Students will complete three modules across two academic years.

R184 – Contemporary issues in sport (Exam Module 1hr 15min)

- Issues which affect participation in sport
- The role of sport in promoting values
- The implications of hosting a major sporting event for a city or country
- The role National Governing Bodies (NGBs) play in the development of their sport
- The use of technology in sport

R185 – Performance and leadership in sports activities (Coursework Module)

- Key components of performance
- Applying practice methods to support improvement in a sporting activity
- Organising and planning a sports activity session
- Leading a sports activity session
- Reviewing your own performance in planning and leading a sports activity session

R186 – Sport and the Media (Coursework Module)

- The different sources of media that cover sport
- The positive relationship between the media and sport
- Positive impacts of the media in sport
- Negative effects of the media on sport in relation to spectators and live sport
- Negative impacts of the media on sports and sports performers