

Curriculum Overview

Term	Year 7	Year 8	Year 9	Year 10	Year 11
Advent 1 st Monday 5 th September – Friday 2 nd October	Mental Wellbeing (PHMW)	Physical Health and Fitness (PHMW) Healthy Lifestyle	Respectful Relationships (RSE) Risk and Safety - Bullying and Cyberbullying	Careers	Careers
Advent 2 nd Monday 31 st October – Thursday 22 nd December	Health and Prevention (PHMW) Changing Adolescent Body – Growing up	Internet Safety and Harms (PHMW)	Families (RSE) Intimate and Sexual Relationships (RSE)	Intimate and Sexual Relationships (RSE)	Online and Media (RSE) Sex, Sexuality, and sexual health
Lent 1 st Monday 9 th January – Friday 17 th February	Online and Media (RSE)	Citizenship (National Curriculum)	Careers	Citizenship (National Curriculum)	Health and Prevention (PHMW)
Lent 2 nd Monday 27 th February – Friday 31 st March	Citizenship (National Curriculum)	Drugs and Tobacco (PHMW)	Alcohol (PHMW)	Being Safe (RSE) Respectful Relationships (RSE)	Citizenship (National Curriculum)
Pentecost 1 st Monday 17 th April – Friday 26 th May	Respectful Relationships (RSE)	Respectful Relationships (RSE)	Citizenship (National Curriculum)	Mental Wellbeing (PHMW)	Independent Revision
Pentecost 2 nd Monday 5 th June – Friday 21 st July	Families (RSE) Intimate and sexual relationships (RSE)	Careers	Basic First Aid (PHMW)	Alcohol and Drugs (PHMW)	Exams/Study Leave