| WEEK | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 1 \\ 15.04 .24 \\ 06.05 .24 \\ 03.06 .24 \\ 24.06 .24 \\ 15.07 .24 \\ 09.09 .24 \\ 30.09 .24 \\ 21.10 .24 \end{gathered}$ | Organic beef or vegan Ve meatballs served with pasta, Mediterranean sauce, garlic dough balls and seasonal vegetables. <br> Iced or cream filled buns Chocolate orange cookie Strawberry muffin Jam \& coconut sponge | Chicken or Quorn V puff pastry pie served with creamy mash and seasonal vegetables <br> Iced or cream filled buns Raisin oat cookie Chocolate crunch Summer fruit crumble | Roast pork \& apple sauce or Cauliflower \& broccoli bake V served with roast potatoes, seasonal vegetables and gravy <br> Iced or cream filled buns Shortbread slice Lemon muffin Cornflake tart | Chicken or Quorn V Korma served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Cookie Banana flapjack Sprinkle cake | Battered fish or <br> Quorn dippers Ve served with chips, peas and baked beans <br> Iced or cream filled buns <br> Cornflake cookie Chocolate cracknel Apple \& summer berry cobbler |
|  | Sausages (pork or vegan Ve) with creamy mash and gravy <br> served with seasonal vegetables <br> Iced or cream filled buns Apricot oat cookie Chocolate brownie Sticky apple sponge | Lasagne (beef or vegetarian V ) served with homemade garlic bread and fresh salad. <br> Iced or cream filled buns Lemon shortbread slice Chocolate cracknel Fruity yoghurt crunch | Roast beef or <br> Vegan beef style casserole <br> Ve with Yorkshire pudding and gravy <br> served with roast potatoes, seasonal vegetables <br> Iced or cream filled buns Cherry \& coconut cookie Berry muffin Chocolate sprinkle cake | Chicken tikka masala or <br> Vegetable and chickpea curry Ve served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Cookie Cornflake bar Chocolate pear cake | Battered fish or <br> Cheese \& tomato quiche $V$ served with chips, peas and baked beans <br> Iced or cream filled buns Chocolate cookie Flapjack Lemon sponge |
|  | Organic beef or chicken or vegetable $V$ burger served in a bun with fries, baked beans and coleslaw <br> Iced or cream filled buns Cookie <br> Carrot cake muffin <br> Apple \& cinnamon crumble | Chilli con carne or beef goulash (no kidney beans) (beef or vegan Ve ) served with rice and seasonal vegetables <br> Iced or cream filled buns Chocolate orange cookie Apple flapjack Coconut \& lime cake | Roast gammon with stuffing <br> Or Cheese \& potato pie $V$ <br> served with creamed potatoes, seasonal vegetables and gravy <br> Iced or cream filled buns Raisin oat cookie Chocolate cracknel <br> Berry shortbread sandwich | Rogan Josh (Chicken or Quorn Ve) served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Shortbread slice Banana muffin <br> Sticky chocolate sponge | Battered fish or <br> Sausage roll (Pork or vegan Ve) <br> served with chips, peas and baked beans <br> Iced or cream filled buns <br> Cherry cookie <br> Chocolate brownie <br> Peaches with ice cream |

Secondary Summer 2024 Grab \& Go Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Rice or Noodle Bowl | Takeover Special of the Month | Roast of the day filled cob | Rice or Noodle Bowl | Fish finger sandwich |
| Filled paninis: Cheese V Cheese \& ham Tuna melt | Filled paninis Cheese V Cheese \& ham Tuna melt | Cheese \& ham Tuna melt | Filled paninis: Cheese V Cheese \& ham Tuna melt | Filled paninis: Cheese V Cheese \& ham Tuna melt |
| Tikka chicken wrap | Sweet chilli chicken wrap | w | Teriyaki chicken wrap | BBQ chicken wrap (NCS) |
| Marinara pasta bowl Ve | bowl Ve |  | bowl Ve | Macaroni cheese bowl V |
| Piz | Pizza slice | Pizza slic | Pizza slice | Pizza slice V |
| Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings |
| Chicken Super Salad Bowl | Egg Super Salad Bowl V | Buttermilk Quorn Super Salad Bowl V | Cheese Super Salad Bowl V | Tuna Super Salad Bowl |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Buttered toast V | Buttered toast | Buttered toast V | Buttered toast Ve | Buttered toast Ve |
| Bacon cob (also offer added egg version) |  |  |  | Bacon cob (also offer added egg version) (NCS) |
| Fresh | Fr | Fresh fruit pots Ve | Fresh fruit pots Ve |  |
| y |  |  | Fruit yoghur |  |
| But | Buttered crumpet Ve | Buttered teacake Ve | e | Fruit yoghurt V Teacake V |
| $\mathrm{B}$ | Belgian waffe |  | Belgian wafle | Belgian waffle V |
| Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Bacon with cream cheese bagel | Cheese \& bean toastie or wrap $V$ | Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Curry folded naan V |

[^0]| WEEK | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 1 \\ 15.04 .24 \\ 06.05 .24 \\ 03.06 .24 \\ 24.06 .24 \\ 15.07 .24 \\ 09.09 .24 \\ 30.09 .24 \\ 21.10 .24 \end{gathered}$ | Organic beef or vegan Ve meatballs served with pasta, Mediterranean sauce, garlic dough balls and seasonal vegetables. <br> Iced or cream filled buns Chocolate orange cookie Strawberry muffin Jam \& coconut sponge | Chicken or Quorn V puff pastry pie served with creamy mash and seasonal vegetables <br> Iced or cream filled buns Raisin oat cookie Chocolate crunch Summer fruit crumble | Roast pork \& apple sauce or Cauliflower \& broccoli bake V served with roast potatoes, seasonal vegetables and gravy <br> Iced or cream filled buns Shortbread slice Lemon muffin Cornflake tart | Chicken or Quorn V Korma served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Cookie Banana flapjack Sprinkle cake | Battered fish or <br> Quorn dippers Ve served with chips, peas and baked beans <br> Iced or cream filled buns <br> Cornflake cookie Chocolate cracknel Apple \& summer berry cobbler |
|  | Sausages (pork or vegan Ve) with creamy mash and gravy <br> served with seasonal vegetables <br> Iced or cream filled buns Apricot oat cookie Chocolate brownie Sticky apple sponge | Lasagne (beef or vegetarian V ) served with homemade garlic bread and fresh salad. <br> Iced or cream filled buns Lemon shortbread slice Chocolate cracknel Fruity yoghurt crunch | Roast beef or <br> Vegan beef style casserole <br> Ve with Yorkshire pudding and gravy <br> served with roast potatoes, seasonal vegetables <br> Iced or cream filled buns Cherry \& coconut cookie Berry muffin Chocolate sprinkle cake | Chicken tikka masala or <br> Vegetable and chickpea curry Ve served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Cookie Cornflake bar Chocolate pear cake | Battered fish or <br> Cheese \& tomato quiche $V$ served with chips, peas and baked beans <br> Iced or cream filled buns Chocolate cookie Flapjack Lemon sponge |
|  | Organic beef or chicken or vegetable $V$ burger served in a bun with fries, baked beans and coleslaw <br> Iced or cream filled buns Cookie <br> Carrot cake muffin <br> Apple \& cinnamon crumble | Chilli con carne or beef goulash (no kidney beans) (beef or vegan Ve ) served with rice and seasonal vegetables <br> Iced or cream filled buns Chocolate orange cookie Apple flapjack Coconut \& lime cake | Roast gammon with stuffing <br> Or Cheese \& potato pie $V$ <br> served with creamed potatoes, seasonal vegetables and gravy <br> Iced or cream filled buns Raisin oat cookie Chocolate cracknel <br> Berry shortbread sandwich | Rogan Josh (Chicken or Quorn Ve) served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Shortbread slice Banana muffin <br> Sticky chocolate sponge | Battered fish or <br> Sausage roll (Pork or vegan Ve) <br> served with chips, peas and baked beans <br> Iced or cream filled buns <br> Cherry cookie <br> Chocolate brownie <br> Peaches with ice cream |

Secondary Summer 2024 Grab \& Go Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Rice or Noodle Bowl | Takeover Special of the Month | Roast of the day filled cob | Rice or Noodle Bowl | Fish finger sandwich |
| Filled paninis: Cheese V Cheese \& ham Tuna melt | Filled paninis Cheese V Cheese \& ham Tuna melt | Cheese \& ham Tuna melt | Filled paninis: Cheese V Cheese \& ham Tuna melt | Filled paninis: Cheese V Cheese \& ham Tuna melt |
| Tikka chicken wrap | Sweet chilli chicken wrap | w | Teriyaki chicken wrap | BBQ chicken wrap (NCS) |
| Marinara pasta bowl Ve | bowl Ve |  | bowl Ve | Macaroni cheese bowl V |
| Piz | Pizza slice | Pizza slic | Pizza slice | Pizza slice V |
| Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings |
| Chicken Super Salad Bowl | Egg Super Salad Bowl V | Buttermilk Quorn Super Salad Bowl V | Cheese Super Salad Bowl V | Tuna Super Salad Bowl |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Buttered toast V | Buttered toast | Buttered toast V | Buttered toast Ve | Buttered toast Ve |
| Bacon cob (also offer added egg version) |  |  |  | Bacon cob (also offer added egg version) (NCS) |
| Fresh | Fr | Fresh fruit pots Ve | Fresh fruit pots Ve |  |
| y |  |  | Fruit yoghur |  |
| But | Buttered crumpet Ve | Buttered teacake Ve | e | Fruit yoghurt V Teacake V |
| $\mathrm{B}$ | Belgian waffe |  | Belgian wafle | Belgian waffle V |
| Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Bacon with cream cheese bagel | Cheese \& bean toastie or wrap $V$ | Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Curry folded naan V |

[^1]| WEEK | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 1 \\ 15.04 .24 \\ 06.05 .24 \\ 03.06 .24 \\ 24.06 .24 \\ 15.07 .24 \\ 09.09 .24 \\ 30.09 .24 \\ 21.10 .24 \end{gathered}$ | Organic beef or vegan Ve meatballs served with pasta, Mediterranean sauce, garlic dough balls and seasonal vegetables. <br> Iced or cream filled buns Chocolate orange cookie Strawberry muffin Jam \& coconut sponge | Chicken or Quorn V puff pastry pie served with creamy mash and seasonal vegetables <br> Iced or cream filled buns Raisin oat cookie Chocolate crunch Summer fruit crumble | Roast pork \& apple sauce or Cauliflower \& broccoli bake V served with roast potatoes, seasonal vegetables and gravy <br> Iced or cream filled buns Shortbread slice Lemon muffin Cornflake tart | Chicken or Quorn V Korma served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Cookie Banana flapjack Sprinkle cake | Battered fish or <br> Quorn dippers Ve served with chips, peas and baked beans <br> Iced or cream filled buns <br> Cornflake cookie Chocolate cracknel Apple \& summer berry cobbler |
|  | Sausages (pork or vegan Ve) with creamy mash and gravy <br> served with seasonal vegetables <br> Iced or cream filled buns Apricot oat cookie Chocolate brownie Sticky apple sponge | Lasagne (beef or vegetarian V ) served with homemade garlic bread and fresh salad. <br> Iced or cream filled buns Lemon shortbread slice Chocolate cracknel Fruity yoghurt crunch | Roast beef or <br> Vegan beef style casserole <br> Ve with Yorkshire pudding and gravy <br> served with roast potatoes, seasonal vegetables <br> Iced or cream filled buns Cherry \& coconut cookie Berry muffin Chocolate sprinkle cake | Chicken tikka masala or <br> Vegetable and chickpea curry Ve served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Cookie Cornflake bar Chocolate pear cake | Battered fish or <br> Cheese \& tomato quiche $V$ served with chips, peas and baked beans <br> Iced or cream filled buns Chocolate cookie Flapjack Lemon sponge |
|  | Organic beef or chicken or vegetable $V$ burger served in a bun with fries, baked beans and coleslaw <br> Iced or cream filled buns Cookie <br> Carrot cake muffin <br> Apple \& cinnamon crumble | Chilli con carne or beef goulash (no kidney beans) (beef or vegan Ve ) served with rice and seasonal vegetables <br> Iced or cream filled buns Chocolate orange cookie Apple flapjack Coconut \& lime cake | Roast gammon with stuffing <br> Or Cheese \& potato pie $V$ <br> served with creamed potatoes, seasonal vegetables and gravy <br> Iced or cream filled buns Raisin oat cookie Chocolate cracknel <br> Berry shortbread sandwich | Rogan Josh (Chicken or Quorn Ve) served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Shortbread slice Banana muffin <br> Sticky chocolate sponge | Battered fish or <br> Sausage roll (Pork or vegan Ve) <br> served with chips, peas and baked beans <br> Iced or cream filled buns <br> Cherry cookie <br> Chocolate brownie <br> Peaches with ice cream |

Secondary Summer 2024 Grab \& Go Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Rice or Noodle Bowl | Takeover Special of the Month | Roast of the day filled cob | Rice or Noodle Bowl | Fish finger sandwich |
| Filled paninis: Cheese V Cheese \& ham Tuna melt | Filled paninis Cheese V Cheese \& ham Tuna melt | Cheese \& ham Tuna melt | Filled paninis: Cheese V Cheese \& ham Tuna melt | Filled paninis: Cheese V Cheese \& ham Tuna melt |
| Tikka chicken wrap | Sweet chilli chicken wrap | w | Teriyaki chicken wrap | BBQ chicken wrap (NCS) |
| Marinara pasta bowl Ve | bowl Ve |  | bowl Ve | Macaroni cheese bowl V |
| Piz | Pizza slice | Pizza slic | Pizza slice | Pizza slice V |
| Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings |
| Chicken Super Salad Bowl | Egg Super Salad Bowl V | Buttermilk Quorn Super Salad Bowl V | Cheese Super Salad Bowl V | Tuna Super Salad Bowl |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Buttered toast V | Buttered toast | Buttered toast V | Buttered toast Ve | Buttered toast Ve |
| Bacon cob (also offer added egg version) |  |  |  | Bacon cob (also offer added egg version) (NCS) |
| Fresh | Fr | Fresh fruit pots Ve | Fresh fruit pots Ve |  |
| y |  |  | Fruit yoghur |  |
| But | Buttered crumpet Ve | Buttered teacake Ve | e | Fruit yoghurt V Teacake V |
| $\mathrm{B}$ | Belgian waffe |  | Belgian wafle | Belgian waffle V |
| Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Bacon with cream cheese bagel | Cheese \& bean toastie or wrap $V$ | Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Curry folded naan V |

[^2]| WEEK | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
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|  | Sausages (pork or vegan Ve) with creamy mash and gravy <br> served with seasonal vegetables <br> Iced or cream filled buns Apricot oat cookie Chocolate brownie Sticky apple sponge | Lasagne (beef or vegetarian V ) served with homemade garlic bread and fresh salad. <br> Iced or cream filled buns Lemon shortbread slice Chocolate cracknel Fruity yoghurt crunch | Roast beef or <br> Vegan beef style casserole <br> Ve with Yorkshire pudding and gravy <br> served with roast potatoes, seasonal vegetables <br> Iced or cream filled buns Cherry \& coconut cookie Berry muffin Chocolate sprinkle cake | Chicken tikka masala or <br> Vegetable and chickpea curry Ve served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Cookie Cornflake bar Chocolate pear cake | Battered fish or <br> Cheese \& tomato quiche $V$ served with chips, peas and baked beans <br> Iced or cream filled buns Chocolate cookie Flapjack Lemon sponge |
|  | Organic beef or chicken or vegetable $V$ burger served in a bun with fries, baked beans and coleslaw <br> Iced or cream filled buns Cookie <br> Carrot cake muffin <br> Apple \& cinnamon crumble | Chilli con carne or beef goulash (no kidney beans) (beef or vegan Ve ) served with rice and seasonal vegetables <br> Iced or cream filled buns Chocolate orange cookie Apple flapjack Coconut \& lime cake | Roast gammon with stuffing <br> Or Cheese \& potato pie $V$ <br> served with creamed potatoes, seasonal vegetables and gravy <br> Iced or cream filled buns Raisin oat cookie Chocolate cracknel <br> Berry shortbread sandwich | Rogan Josh (Chicken or Quorn Ve) served with rice, seasonal vegetables and naan <br> Iced or cream filled buns Shortbread slice Banana muffin <br> Sticky chocolate sponge | Battered fish or <br> Sausage roll (Pork or vegan Ve) <br> served with chips, peas and baked beans <br> Iced or cream filled buns <br> Cherry cookie <br> Chocolate brownie <br> Peaches with ice cream |

Secondary Summer 2024 Grab \& Go Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Rice or Noodle Bowl | Takeover Special of the Month | Roast of the day filled cob | Rice or Noodle Bowl | Fish finger sandwich |
| Filled paninis: Cheese V Cheese \& ham Tuna melt | Filled paninis Cheese V Cheese \& ham Tuna melt | Cheese \& ham Tuna melt | Filled paninis: Cheese V Cheese \& ham Tuna melt | Filled paninis: Cheese V Cheese \& ham Tuna melt |
| Tikka chicken wrap | Sweet chilli chicken wrap | w | Teriyaki chicken wrap | BBQ chicken wrap (NCS) |
| Marinara pasta bowl Ve | bowl Ve |  | bowl Ve | Macaroni cheese bowl V |
| Piz | Pizza slice | Pizza slic | Pizza slice | Pizza slice V |
| Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings |
| Chicken Super Salad Bowl | Egg Super Salad Bowl V | Buttermilk Quorn Super Salad Bowl V | Cheese Super Salad Bowl V | Tuna Super Salad Bowl |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Buttered toast V | Buttered toast | Buttered toast V | Buttered toast Ve | Buttered toast Ve |
| Bacon cob (also offer added egg version) |  |  |  | Bacon cob (also offer added egg version) (NCS) |
| Fresh | Fr | Fresh fruit pots Ve | Fresh fruit pots Ve |  |
| y |  |  | Fruit yoghur |  |
| But | Buttered crumpet Ve | Buttered teacake Ve | e | Fruit yoghurt V Teacake V |
| $\mathrm{B}$ | Belgian waffe |  | Belgian wafle | Belgian waffle V |
| Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Bacon with cream cheese bagel | Cheese \& bean toastie or wrap $V$ | Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Curry folded naan V |

[^3]| WEEK | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
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| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
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| Tikka chicken wrap | Sweet chilli chicken wrap | w | Teriyaki chicken wrap | BBQ chicken wrap (NCS) |
| Marinara pasta bowl Ve | bowl Ve |  | bowl Ve | Macaroni cheese bowl V |
| Piz | Pizza slice | Pizza slic | Pizza slice | Pizza slice V |
| Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings | Jacket potatoes with a selection of fillings |
| Chicken Super Salad Bowl | Egg Super Salad Bowl V | Buttermilk Quorn Super Salad Bowl V | Cheese Super Salad Bowl V | Tuna Super Salad Bowl |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Buttered toast V | Buttered toast | Buttered toast V | Buttered toast Ve | Buttered toast Ve |
| Bacon cob (also offer added egg version) |  |  |  | Bacon cob (also offer added egg version) (NCS) |
| Fresh | Fr | Fresh fruit pots Ve | Fresh fruit pots Ve |  |
| y |  |  | Fruit yoghur |  |
| But | Buttered crumpet Ve | Buttered teacake Ve | e | Fruit yoghurt V Teacake V |
| $\mathrm{B}$ | Belgian waffe |  | Belgian wafle | Belgian waffle V |
| Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Bacon with cream cheese bagel | Cheese \& bean toastie or wrap $V$ | Brunch muffin V (Quorn sausage pattie \& poached egg in a muffin) | Curry folded naan V |

[^4]
[^0]:    Vegan versions available on request

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[^2]:    Vegan versions available on request

[^3]:    Vegan versions available on request

[^4]:    Vegan versions available on request

