

Curriculum Overview

Term	Year 7	Year 8	Year 9	Year 10	Year 11
Advent 1st	Mental Wellbeing (PHMW)	Physical Health and Fitness (PHMW) Healthy Lifestyle	Respectful Relationships (RSE) Risk and Safety - Bullying and Cyberbullying	Careers	Careers
Advent 2nd	Health and Prevention (PHMW) Changing Adolescent Body – Growing up	Internet Safety and Harms (PHMW)	Families (RSE) Intimate and Sexual Relationships (RSE)	Intimate and Sexual Relationships (RSE)	Online and Media (RSE) Sex, Sexuality, and sexual health
Lent 1st	Online and Media (RSE)	Citizenship (National Curriculum)	Careers	Citizenship (National Curriculum)	Health and Prevention (PHMW)
Lent 2nd	Citizenship (National Curriculum)	Drugs and Tobacco (PHMW)	Alcohol (PHMW)	Being Safe (RSE) Respectful Relationships (RSE)	Citizenship (National Curriculum)
Pentecost 1st	Respectful Relationships (RSE)	Respectful Relationships (RSE)	Citizenship (National Curriculum)	Mental Wellbeing (PHMW)	Independent Revision
Pentecost 2nd	Families (RSE) Intimate and sexual relationships (RSE)	Careers	Basic First Aid (PHMW)	Alcohol and Drugs (PHMW)	Exams/Study Leave