



Your Menu

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Break

Brunch muffin Quorn sausage pattie & poached egg in a muffin	Bacon with cream cheese bagel	Cheese and bean toastie or wrap	Brunch muffin Quorn sausage pattie & poached egg in a muffin	Curry folded naan
Bacon roll	Bacon roll	Bacon roll	Bacon roll	
Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel
Buttered toast Buttered bagel	Buttered toast Buttered crumpet	Buttered toast Buttered teacake	Buttered toast Buttered bagel	Buttered toast Buttered teacake
Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts

Main Meals

Mac Bolognese Bake with Beef or Quorn	Chicken Chow Mein	Roast of the Day	Chicken Balti	Fishy Friday
	Sweet & Sour Quorn	Cauliflower & broccoli bake	Quorn Balti	Veggie Sausage Roll
Served with garlic bread & vegetables.	Served with rice & vegetables	Served with roast potatoes, vegetables, and gravy	Served with rice with vegetables & naan	Served with chips, peas or baked beans
A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit
Jam & coconut sponge	Brookie	Chocolate Cracknel	Sprinkle cake	Chocolate Pear Cake & Chocolate Custard

Grab & Go

A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Toasties, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Toasties, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls
Breakfast in a cob or wrap	Takeover Day	Roast of the Day in a cob	Bang Bang Chicken cob	Fish Finger roll or wrap
Chicken Tikka Wrap	Chilli Chicken Wrap	Piri-Piri chicken wrap	Teriyaki Chicken Wrap	BBQ Quorn Wrap
Pizza Slice	Pizza Slice	Pizza Slice	Pizza Slice	Pizza Slice



Your Menu

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Break

Brunch muffin Quorn sausage pattie & poached egg in a muffin	Bacon with cream cheese bagel	Cheese and bean toastie or wrap	Brunch muffin Quorn sausage pattie & poached egg in a muffin	Curry folded naan
Bacon roll	Bacon roll	Bacon roll	Bacon roll	
Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel
Buttered toast Buttered Bagel	Buttered toast Buttered crumpet	Buttered toast Buttered teacake	Buttered toast Buttered bagel	Buttered toast Buttered Teacake
Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts

Main Meals

Chicken Burger Beef Burger Vegetable Burger	Pork or Quorn Meatballs in a Arrabbiata Sauce	Roast of the Day Vegan beef Style Casserole	Chicken or Quorn Jalfrezi	Fishy Friday Cheese Flan
Served in a bun with fries and a side of baked beans and coleslaw	Served with homemade garlic bread & salad	Served with a Yorkshire pudding, roast potatoes & vegetables	Served with rice vegetables & naan	Served with chips, peas, & baked beans
A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit
Pineapple Upside Down Cake & Custard	Jaffa Choc Pot	Apple Crumble Cake	Bakewell Tart	Scrumble

Grab & Go

A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Toasties, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Toasties, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls
Breakfast in a roll or wrap	Takeover Day	Roast of the Day in a roll	Bang Bang Chicken	Fish finger roll or Wrap
Chicken Tikka Wrap	Chilli Chicken Wrap	Piri-Piri chicken wrap	Teriyaki Chicken Wrap	BBQ Quorn Wrap
Pizza Slice	Pizza Slice	Pizza Slice	Pizza Slice	Pizza Slice



Your Menu

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Break

Brunch muffin Quorn sausage pattie & poached egg in a muffin	Bacon with cream cheese bagel	Cheese and bean toastie or wrap	Brunch muffin Quorn sausage pattie & poached egg in a muffin	Curry folded naan
Bacon roll	Bacon roll	Bacon roll	Bacon roll	
Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel	Belgian Waffle Warmed Pretzel
Buttered toast Buttered Bagel	Buttered toast Buttered crumpet	Buttered toast Buttered teacake	Buttered toast Buttered bagel	Buttered toast Buttered Teacake
Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts	Fresh Fruit & Yoghurts

Main Meals

Pork Sausages Vegan Sausages	New York Creamy Chicken or Quorn Divan	Roast of the Day Quorn Pot Pie	Thai Green Chicken or Vegetable Curry	Fishy Friday Quorn Dippers
Served with creamy mashed potatoes & vegetables	Served with rice or spaghetti, vegetables & pizza garlic slice	Served with creamed potatoes, vegetables & gravy	Served with rice, vegetables & Naan	Served with chips, peas, and baked beans
A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit	A selection of iced & creamed buns, tray bakes, cookies & fruit
Coconut Lime Loaf	Sprinkle Cake	Strawberry Cheesecake	Sticky chocolate sponge	Fruit pie & ice cream

Grab & Go

A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Toasties, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Toasties, Jacket Potatoes, Pasta & Salad Bowls	A selection of filled Sandwiches, Paninis, Jacket Potatoes, Pasta & Salad Bowls
Breakfast in a roll or wrap	Takeover Day	Roast of the Day in a roll	Bang Bang Chicken	Fish finger roll or Wrap
Chicken Tikka Wrap	Chilli Chicken Wrap	Piri-Piri chicken wrap	Teriyaki Chicken Wrap	BBQ Quorn Wrap
Pizza Slice	Pizza Slice	Pizza Slice	Pizza Slice	Pizza Slice



Vegan meals are available on request.

All Main and Grab & Go menu options are part of the meal deal